

MONTEREY COUNTY HOMELESS SERVICES RESOURCE GUIDE

October 2024



THE COALITION
OF HOMELESS SERVICES PROVIDERS



THE COALITION OF HOMELESS SERVICES PROVIDERS

The Coalition of Homeless Services Providers (Coalition) is Monterey and San Benito Counties' designated Continuum of Care (CoC) Coordinator. A CoC represents the totality of services and housing available to individuals and families in crisis/homelessness within a defined region. The Coalition is a nonprofit organization whose board of directors is comprised of local agencies that provide housing and services to the homeless population. The Coalition serves as the lead agency for the Coordinated Assessment and Referral System, Homeless Management Information System, Homeless Census, assists with the development of strategies to address homelessness and is the gateway for many federal and state homeless funding programs.

Coalition of Homeless Services Providers
1123 Fremont Boulevard, Suite D
Seaside, CA 93955
(831) 883-3080

For more resources visit: www.CHSP.org/homeless



The Community Action Partnership (CAP) was established in 1964 during President Johnson's "War on Poverty." CAP funding today is drawn down through Community Services Block Grants. The CAP is designated by the County Board of Supervisors to specifically provide a focal point to coordinate and plan for the provision of community services that support, assist, and empower low-income people and to improve their quality of life. The CAP engages in three major activities to achieve this mission: contracting with nonprofit and public agencies for services, collaborating with community stakeholders, and supporting educational community activities.

Monterey County Community Action Partnership
1000 S. Main St. 301 Salinas, CA 93901
(831) 796-1553
www.co.monterey.ca.us/cap

ABOUT THIS GUIDE

In partnership with the Coalition of Homeless Service Providers, the Community Action Partnership has compiled this guide to assist the community in connecting to resources that serve the homeless and at-risk populations in the County of Monterey.

This guide to homeless services in the County of Monterey is comprised of public and non-profit resources. Although updated annually, the guide is not exhaustive, and every effort has been made to include accurate and current information. It should be emphasized that services in this community are frequently changing and the details regarding specific services provided should always be confirmed directly by the individual agency. The inclusion of services in this guide does not imply recommendation or endorsement.

COORDINATED ASSESSMENT AND REFERRAL SYSTEM (CARS)

Coordinated entry is a consistent, community-wide process to match people experiencing homelessness to community resources that are the best fit for their situation. In a community using coordinated entry, homeless individuals and families complete a standard triage assessment survey that identifies the best type of intervention for that household. Participating programs accept referrals from the system, reducing the need for people to travel distances seeking assistance at every provider separately.



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EMERGENCY SHELTERS

COMMUNITY HUMAN SERVICES – CASA DE NOCHE BUENA

1292 Olympia Ave., Seaside, CA 93955 (831) 867-8200

www.chservices.org/homelessness/casa-de-noche-buena/

A homeless shelter for women and families with children providing essential amenities and supportive services. The program's goals are stability, self-sufficiency, and permanent housing, allowing guests to stay for up to 90 days.

COMMUNITY HUMAN SERVICES – SHUMAN HEARTHOUSE

600 E. Franklin St., Monterey, CA 93940 (831) 867-8200

www.chservices.org/homelessness/main-shuman-hearthouse/

A homeless shelter for women and families with children providing essential amenities and supportive services.

COMMUNITY HOMELESS SOLUTIONS – DOMESTIC VIOLENCE SHELTER

See Description (831) 422-2201

www.communityhomelessolutions.org/dv

An emergency shelter for single women, women with children, or single men with children with prioritized beds for those fleeing domestic violence. Access to food, clothing, and case management. Shelters are located at two confidential locations in Salinas (831) 422-2201 and Marina (831) 394-8372.

COMMUNITY HOMELESS SOLUTIONS – CHINATOWN NAVIGATION CENTER Sprung Shelter

115 East Lake St., Salinas, CA 93901 (831) 272-3042

www.communityhomelessolutions.org/cnc

A navigation center that provides meals and 24/7 shelter to homeless adults residing in Chinatown or the City of Salinas. The center provides supportive services and housing navigation.

COMMUNITY HOMELESS SOLUTIONS – CENTRAL COAST RESPITE CENTER

Seaside, CA (831) 747-2900

www.communityhomelessolutions.org/ccrc

A shelter for homeless adults in need of respite care following stays in CHOMP, Natividad, or SVMH only. Access to meals, case management, and supportive services designed to help participants transition to permanent housing. By hospital referral only.

INTERIM, INC – MCHOME

Monterey County

(831) 883-3030

www.interiminc.org/programs/homeless-outreach-and-services/

Provides homeless outreach, emergency shelter in motels, housing, and intensive, integrated services to homeless adults with psychiatric disabilities.

NATION'S FINEST

40 Bonifacio Plaza, Monterey, CA 93940

(831) 375-1184

<https://www.nationsfinest.org/locations/monterey/>

Supports Veterans and their families with a comprehensive approach to housing, health, and employment that helps them achieve self-sufficiency and reach their full potential. Services include case management, behavioral health services, referral services, and more.

ONE STARFISH – COUNTY OF MONTEREY SAFE PARKING PROGRAM

Monterey Peninsula

(831) 204-0230

safeparkingprogram@gmail.com

An overnight Safe Parking Program for homeless adults. To register for the program, call the telephone number and leave a call-back number. A Social Worker will return a call within 48 hours to schedule an intake interview.

ONE STARFISH – MPUSD SAFE PARKING PROGRAM

Monterey Peninsula

(831) 204-0230

www.onestarfishsafeparking.org

An overnight Safe Parking Program for homeless student families of Monterey Peninsula Unified School District. To register for the program, call the telephone number and leave a call-back number. A Social Worker will return a call within 48 hours to schedule an intake interview.

ONE STARFISH – SAFE PARKING PROGRAM

Monterey Peninsula

(831) 275-5167

www.onestarfishsafeparking.org

An overnight safe parking program for people living in their legally registered vehicles. The program opens at 6:00 pm. nightly and closes each morning at 7:00 am. Call to schedule an appointment for an intake. The best time to call is between 6pm and 7pm.

OUTREACH UNLIMITED - I-HELP FOR MEN

Message Phone (831) 205-3496

www.IHELPMontereyBay.org

An overnight shelter at Peninsula-area houses of faith for single homeless men. Dinner is provided and support with life development/goals is offered. Please call to arrange an interview to qualify.

OUTREACH UNLIMITED - I-HELP FOR WOMEN

Message Phone (831) 393-5154

www.IHELPMontereyBay.org

An overnight shelter at peninsula-area houses of faith for single homeless women. Dinner is provided and support with life development/goals is offered. Please call to arrange an interview to qualify.

ORPHAN PRODUCTIONS - ONE STARFISH SAFE PARKING PROGRAM

Monterey Peninsula (831) 204-0230

www.onestarfishsafeparking.org

An overnight Safe Parking Program for homeless adults. To register for the program, call the telephone number and leave a call-back number. A Social Worker will return a call within 48 hours to schedule an intake interview.

SALVATION ARMY - FREDERIKSEN HOUSE

Seaside, CA (831) 899-1071

www.tsamonterey.com

A 90-day emergency shelter for families with children. Provides case management and other support services. Must be clean and sober. Call program directly for application and screening information.

SHARE CENTER

845 E. Laurel Dr., Salinas, CA 93905 (831) 382-6582

www.bayareacs.org

A navigation center for homeless men, women, and families that provides meals and 24/7 shelter to people experiencing homelessness in Monterey County. Providing supportive services, employment coordination, and housing navigation.

VETERANS TRANSITION CENTER of CALIFORNIA – HCHV ERS

220 12th Street, Marina, CA 93933 (831) 883-8387

www.vtcmonterey.org

An emergency residential shelter for unaccompanied male Veterans. Eligibility determined by the Department of Veterans Affairs.

VICTORY MISSION

43 Soledad Street, Salinas, CA 93901

(831) 424-5688

<http://www.victorymissionsalinas.com/>

Emergency shelter for single homeless men ages 18 and older. Provides meals, showers, and other supportive services. Doors open daily at 5:45pm, dinner served at 6:00pm, and close at 8:00 am.

YWCA MONTEREY COUNTY – DOMESTIC VIOLENCE SHELTER

11 Quail Run Circle, Suite 203, Salinas, CA 93907

(831) 372-6300

www.ywcamc.org

(831) 757-1001

Serves victims of domestic violence with emergency shelter (women and children only). Confidential location. Call crisis line to request assistance.

TRANSITIONAL/TEMPORARY HOUSING

FRANCISCAN WORKERS - HOUSE OF PEACE

30 Soledad St., Salinas, CA 93901

(831) 757-3838

www.dorothysplace.org/resources/#peace

Transitional program for unaccompanied men and women (couples and families based on room availability). Emotional Support Animals and Service Animals welcome. Resident-driven case management, supportive services, and housing navigation with the goal of assistance into permanent housing.

INTERIM, INC – SHELTER COVE

Marina, CA

(831) 649-4522

<https://www.interiminc.org/programs/affordable-supportive-housing/>

Transitional housing program for homeless adults living with severe mental health disabilities.

INTERIM, INC – SUN ROSE APARTMENTS

Salinas, CA

(831) 649-4522

<https://www.interiminc.org/sunroseapartments/>

Transitional housing program for homeless adults living with severe mental health disabilities.

SALVATION ARMY - CASA DE LAS PALMAS & PHASE II

Seaside, CA

(831) 899-1071

www.tsamonterey.com

Transitional housing program for families with children. Provides case management and other support services. Must be clean and sober. Call program directly for application and screening information.

VETERANS TRANSITION CENTER – COMING HOME GPD PROGRAM

220 12th Street, Marina, CA 93933

(831) 883-8387

www.vtcmonterey.org

Transitional housing program that allows Veterans and their family members to receive temporary housing while they get connected to benefits, participate in services, and find permanent housing.

PERMANENT HOUSING

CHISPA

295 Main St. Ste. 100, Salinas, CA 93901

(831) 757-6251

www.chispahousing.org

Offers affordable rentals for families and seniors who qualify based on income.

COMMUNITY HOMELESS SOLUTIONS – NEW BEGININGS

3087 Wittenmyer Ct., Marina, CA 93933

(831) 785-6582

<https://www.communityhomelessolutions.org/psh>

Permanent Supportive Housing for low income, homeless families with children and housing vouchers. Interested persons can call the program directly for an application.

EDEN HOUSING

See Description

www.edenhousing.org

Offers affordable apartments rentals to extremely low, and very low-income families, seniors, and the disabled at 19 sites in the Monterey Bay region. Please check their website for properties with open waitlists & lotteries for new homes.

HOUSING AUTHORITY OF THE COUNTY OF MONTEREY

123 Rico St., Salinas, CA 93907

(831) 775-5000

www.hamonterey.org

Provides housing and housing support services through administration of Housing Choice Vouchers, RAD Housing, Farm Labor Housing, and other programs.

INTERIM, INC. – SANDY SHORES

Marina, CA

(831) 649-4522

<https://www.interiminc.org/programs/affordable-supportive-housing/>

Permanent supportive housing for individuals with mental illness. Apartments or shared housing.

MIDPEN HOUSING – MOON GATE PLAZA

21 Soledad St., Salinas, CA 93901

(831) 318-6535

<https://www.midpen-housing.org/>

Offers affordable rentals to households who qualify by income. If you are interested in applying to live in a community, please contact that property directly. Property contact information is available on the website.

RENTAL ASSISTANCE & HOMELESS PREVENTION

CENTRAL COAST CENTER FOR INDEPENDENT LIVING

318 Cayuga St., Ste. 208, Salinas, CA 93901

(831) 757-6251

www.cccil.org

Housing services, case management, and supportive services to homeless individuals and their families.

HOUSING RESOURCE CENTER OF MONTEREY COUNTY

60 W. Market St., Salinas, CA 93901

(831) 384-3388

www.hrcmontereycounty.org

Rapid Rehousing and homeless prevention services, rental assistance, and low-income housing program referrals – Provides financial literacy education and monthly goal planning.

COMMUNITY KITCHENS & MEALS

FOOD BANK FOR MONTEREY COUNTY

353 W. Rossi St., Salinas, CA 93907

(831) 758-1523

<https://foodbankformontereycounty.org/food-assistance/>

Provides emergency supplemental food to low-income residents of Monterey County. The monthly schedule of distribution sites across Monterey County is available on their website.

FRANCISCAN WORKERS - DOROTHY'S KITCHEN

30 Soledad Street, Salinas, CA 93901

(831) 757-3838

<https://www.dorothysplace.org/resources/#kitchen>

Provides breakfast from 8:30-9:30 am and lunch from 1:00-2:00 pm daily. Emergency food boxes are available Monday through Friday from 11:00 am-noon.

GATHERING FOR WOMEN

147 El Dorado St., Monterey, CA 93940

<https://www.gatheringforwomen.org/food-services.html>

Provides hot nutritious meals including Breakfast from 8:00 am-9:30 am, Lunch from 12:00 pm-1:30 pm, and Bag Lunches Monday-Friday.

PASS THE WORD MINISTRY

El Estero Park, 725 Pearl Street, Monterey, CA 93940 ptwm.mry@gmail.com

<https://www.passthewordministry.org/>

Provides food, clothing, toiletries, bibles, books, bikes, and hygiene services every Saturday morning at El Estero Park in Monterey, rain, or shine.

SALINAS FIRST UNITED METHODIST CHURCH – NEIGHBORHOOD SERVICES

404 Lincoln Ave., Salinas, CA 93901

(831) 424-0855

https://salinasfirst.org/?page_id=18720

Provides breakfast Monday through Friday from 7:00–8:00 am and lunch Sunday through Friday from 11:30 am-12:30 pm.

SALVATION ARMY - SABU SHAKE GOOD SAMARITAN CENTER

800 Scott Street, Sand City, CA 93955

(831) 899-4988

<https://montereypeninsula.salvationarmy.org/>

Provides daily hot meals from 10:30 am-12:00 pm. Food Boxes are available from 1:00 pm-4:00 pm. The Center is only open from 8:30 am-12:00 pm on the 3rd Friday of each month. Daily meals are also served at the Naval Postgraduate location 11:15 am-11:45 am, Monday-Thursday.

SALVATION ARMY SALINAS ARMY CORPS

2460 N. Main St., Salinas, CA 93906

(831) 443-9655

https://salinas.salvationarmy.org/salinas_corps/

Provides daily hot meals from 10:30 am-12:00 pm. Food Boxes are available from 1:00 pm-4:00 pm. The Center is only open from 8:30 am-12:00 pm on the 3rd Friday of each month. Daily meals are also served at the Naval Postgraduate location 11:15 am-11:45 am, Monday-Thursday.

VICTORY MISSION

43 Soledad Street, Salinas, CA 93901

(831) 424-5688

<http://www.victorymissionsalinas.com/>

Provides food bags, snacks, cold water, coffee, and hot meals every day from 11:00am-1:00 pm and 2:00 pm-4:00 pm. A nutritious dinner is also prepared and available at 6:30 pm to those in need 365 days a year.

DAY CENTERS/DROP-IN CENTERS

FRANCISCAN WORKERS – DOROTHY’S PLACE DROP-IN CENTER

30 Soledad Street, Salinas, CA 93901 (831) 757-3838

<https://www.dorothysplace.org/resources/#dropin>

Provides showers, laundry, clothing, and mail services, connection to onsite and offsite social services, including case management and transitional housing daily from 7:30 am - 6:00 pm.

GATHERING FOR WOMEN

147 El Dorado Street, Monterey, CA 93940 (831) 241-6154

www.gatheringforwomen.org

Day Center providing homeless and housing insecure women and their dependents access to meals, showers, clothing, case management, and wellness and enrichment activities, as well as connections to other service providers. Monday-Thursday 8:00 am–2:00 pm; Friday 8:00 am–12:00 pm.

SALINAS FIRST UNITED METHODIST CHURCH

404 Lincoln Ave., Salinas, CA 93901 (831) 424-0855

https://salinasfirst.org/?page_id=18720

Program is open 7:00 am-1:00 pm. Access to telephones, restrooms, etc. The clothing closet is also available Monday, Wednesday, and Friday 9:30am - 11 am.

SALVATION ARMY – SABU SHAKE GOOD SAMARITAN CENTER

800 Scott St., Sand City, CA 93955 (831) 899-4988

<https://montereypeninsula.salvationarmy.org/>

Provides coffee-pastry breakfast Monday-Friday from 8:30-10:00 am and hot lunch from 10:30-12 pm. Basic needs services available for those experiencing homelessness from 8:30 am to noon. Food pantry, emergency rental and utility assistance, and other supportive services are available for low-income households from 1-4pm. Hope Mobile serves a hot meal in the parking area on Del Monte across from the Naval Postgraduate School, Monday-Thursday 11:30 am.

VETERANS TRANSITION CENTER OF CALIFORNIA

220 12TH St., Marina, CA 93933 (831) 883-8387

www.vtcofcalifornia.org

Provides support services to homeless veterans including food, clothing, and blankets.

VICTORY MISSION – DROP-IN CENTER

43 Soledad St., Salinas, CA 93901

(831) 424-5688

<http://www.victorymissionsalinas.com/>

Provides a safe and supportive place for anyone wanting to get off the street from 10 a.m. to 4:30 p.m. Access to electrical outlets, a big-screen TV, reading materials, and snacks/sandwiches are provided throughout the day. Mail service, food bags, shoes, clothing, blankets, towels, personal hygiene items (men & women), and spiritual counseling (by appointment) are also available.

FAMILY RESOURCE CENTERS

ALISAL UNION SCHOOL DISTRICT

See Description

<https://www.alisal.org/apps/pages/frcs>

Assist with filling out applications or forms for various documents, such as Medi-Cal applications, unemployment, job applications, disability, family leave, DMV, Passport, etc. There are three resource centers in the district: Alisal FRC at 1141 Del Monte Ave., Salinas, CA 93905, (831) 775-4500; Frank Paul FRC at 1296 Rider Ave., Salinas, CA 93905, (831) 775-4530 and Martin Luther King Jr. FRC at 925 North Sanborn Rd., Salinas, CA 93905, (831) 775-4580.

GREENFIELD UNION SCHOOL DISTRICT

493 El Camino Real, Greenfield, CA 93927

(831) 674-2840 ext. 2049

<https://www.greenfield.k12.ca.us/>

Support services for children and families experiencing homelessness including clothing, school supplies, food and referrals to other community resources to remove barriers to education.

MONTEREY COUNTY OFFICE OF EDUCATION

615 Leslie Dr., Salinas, CA 93906

(831) 755-0300 ext. 1209

(831) 783-5277 ext. 1341

<https://www.montereycoe.org/divisions-services/homeless>

Provides a variety of services and resources to support our children and youth experiencing homelessness. All services are available to families with homeless children and youth who attend MCOE schools and programs or are enrolled in schools that do not have access to a Family Resource Center.

MONTEREY PENINSULA UNIFIED SCHOOL DISTRICT

1295 La Salle Ave., Seaside, CA 93955

(831) 392-3928

<https://www.mpusd.net/>

Provides information and referrals to outside agencies to improve the quality of life and strengthen the individuals, children, and families while promoting a safe and healthy community.

NORTH MONTEREY COUNTY UNIFIED SCHOOL DISTRICT

10601 McDougall St., Castroville, CA 95012 (831) 633-5975
(831) 676-7602

<https://www.nmcusd.org/departments/family-resource-center>

Provides information and referrals to outside agencies to improve the quality of life and strengthen the individuals, children, and families of the North Monterey County area while promoting a safe and healthy community.

SALINAS CITY ELEMENTARY SCHOOL DISTRICT

See Description (831) 540-8420

<https://www.salinascityesd.org/department/family-resource-centers>

Provides support for homeless children and families including clothing, school supplies, food, school supplies, and referral to other community resources to remove barriers to education. Parent education, access to computers, internet, and phone services. There are three resource centers in the district: 110 South Wood St., Salinas, CA 93905; 521 Rochex Ave., Salinas, CA 93906 and 833 West Acacia St., Salinas, CA 93901.

SANTA RITA UNION ELEMENTARY SCHOOL DISTRICT

See Description

<https://www.santaritaschools.org/>

Provides support for homeless children and families including clothing, school supplies, and referral to other community resources to remove barriers to education. Parent education, access to computers, internet, and phone services. Monthly food distribution in collaboration with the Food Bank for Monterey County. There are three resource centers in the district: 2014 South Santa Rita St., Salinas, CA 93901, (831) 443-7221; 2100 McKinnon St., Salinas, CA 93901, (831) 443-7224 and 1031 Rogge Rd., Salinas, CA 93906, (831) 443-3300.

SOLEDAD UNIFIED SCHOOL DISTRICT

441-A Main St., Soledad, CA 93960 (831) 678-3950 ext. 00201

<https://soledadusd.org/family-resource-center/>

Soledad Unified School District Family Resource Center strengthens and increases the well-being of their school families through accessible resources, advocacy, and educational opportunities.

COMMUNITY SERVICES

GOODWILL CENTRAL COAST – EMPLOYMENT SERVICES

1325 N. Main St., Salinas, CA 93906 (831) 423-8611

<https://www.ccgoodwill.org/services/employment-services/>

Offers employment services such as resume building, financial guidance, job search and career counseling. Services also include education guidance, legal assistance, and health insurance navigation.

MONTEREY COUNTY AREA AGENCY ON AGING

730 La Guardia St., Salinas, CA 93905 (831) 755-4466

mcdss.co.monterey.ca.us/aging/

Provides support and assistance to people with disabilities, seniors, and their family caregivers. Services include 24-hour reporting and investigations of elder and dependent adult abuse, In-Home Supportive Services, the SSI-Advocacy Program, and senior information & assistance services.

MONTEREY COUNTY DEPARTMENT OF SOCIAL SERVICES

See Description (866) 323-1593

<http://mcdss.co.monterey.ca.us/>

Department services include a variety of public assistance programs including cash assistance, food assistance, health coverage, employment services, and social services for children and their families, adults with disabilities, seniors, and military veterans. There are three district offices: Salinas - 1000 S. Main St., Ste. 216, Salinas, CA 93901; Seaside - 1281 Broadway Ave., Seaside, CA 93955; King City - 116 Broadway St., King City, CA 93930.

UNITED WAY MONTEREY COUNTY - 211

See Description

Dial 211 or Text Your Zip
Code To 898-211

<https://www.unitedwaymcca.org/>

Free, confidential help with connecting to information and referrals to needed services including food, clothing, health, dental care, mental health, housing, job training, and disaster relief.

LEGAL SERVICES & ADVOCACY

CALIFORNIA RURAL LEGAL ASSISTANCE

3 Williams Rd., Salinas, CA 93905

(831) 757-5221

<https://crla.org/>

Nonprofit law firm providing free civil legal services to low-income residents of California's rural counties. Client representation focuses on the legal areas of employment and labor, housing, education, rural health, and leadership development.

CATHOLIC CHARITIES DIOCESE OF MONTEREY – LEGAL IMMIGRATION

See Description

See Description

<https://catholiccharitiesdom.org/immigration-citizenship/>

Accredited by the Department of Justice, they provide assistance in the process of becoming legal residents and/or citizens. Services provided in two locations: 922 Hilbt Ave., Ste. C, Seaside, CA 93955, (831) 393-3110 and 1705 2nd Ave., Salinas, CA 93905, (831) 422-0602.

ECHO HOUSING – TENANT & LANDLORD MEDIATION

300 Forest Ave., Pacific Grove, CA 93950

(831) 566-0824

<https://www.echofairhousing.org>

Services include fair housing and tenant/landlord mediation on issues such as evictions, rent increases, repairs, harassment, illegal entry, and other rights and responsibilities.

MONTEREY COLLEGE OF LAW – COMMUNITY LEGAL CLINICS

2620 Colonel Durham St., Seaside, CA 93955

(831) 582-4000

<https://montereylaw.edu/clinics/index.html>

Provides legal information, guidance, and potential assistance with paperwork in matters regarding immigration, conservatorship, small claims, family law, restraining orders, and unlawful detainers. Small claims appointments are free, and all other appointments are \$15.

WATSONVILLE LAW CENTER – LEGAL SERVICES

315 Main St., Ste. 207, Watsonville, CA 95076

(831) 722-2845

<https://www.watsonvillelawcenter.org/>

Provides free legal services to low-income individuals on a variety of topics including workers' rights, consumer rights, and access to employment.

PHYSICAL HEALTH SERVICES

(Includes substance abuse recovery)

CLINICA DE SALUDE DEL VALLE DE SALINAS – MOBILE CLINIC

See Description

(831) 970-1972

<https://csvs.org/mobile-clinic/>

Provides comprehensive care, including primary health screenings, immunizations, basic oral screenings, orthopedics, and podiatry. Check the online calendar for locations.

COMMUNITY HUMAN SERVICES – GENESIS HOUSE

1152 Sonoma Ave., Seaside, CA 93955 (831) 899-2436

<https://chservices.org/substance-abuse/genesis-house/>

Offers inpatient treatment for individuals with alcohol and/or substance addiction. The program includes aftercare support, individualized treatment, individual counseling, family support and more.

COMMUNITY HUMAN SERVICES – OFF MAIN CLINIC

1083 S. Main St., Salinas, CA 93901 (831) 424-4828

<https://chservices.org/substance-abuse/off-main-clinic/>

A Medication-assisted Treatment program that provides individually tailored medication, counseling, and medical consultation to adults with opioid addiction or severe alcoholism. Medi-Cal accepted.

COMMUNITY HUMAN SERVICES – OUTPATIENT TREATMENT CENTERS

See Description

See Description

<https://chservices.org/substance-abuse/outpatient-treatment/>

Medication assisted drug treatment for adults seeking recovery from substance abuse. Bi-lingual (English/Spanish) Medi-Cal accepted. There are two outpatient treatment centers: Salinas Outpatient Treatment Center at 1087 S. Main St., Salinas, CA 93901, (831) 237-7222 and Monterey Outpatient Treatment Center at 2511 Garden Rd., Ste. A165 Monterey, CA 93942 (831) 383-7800.

COUNTY OF MONTEREY HEALTH DEPARTMENT – COUNTY HEALTH CLINICS

See Description

See Description

<https://www.co.monterey.ca.us/government/departments-a-h/health/clinic-services/our-locations>

Network of county clinics that provide primary care, health screenings, prevention, and treatment services. Clinic locations include: 559 E. Alisal St., Ste. 201 & 202, Salinas, CA 93905, (831) 769-8800; 1441 Constitution Blvd., Bldg. 400, Ste. 300, Salinas, CA 93906, (831) 755-4111 and 1156 Fremont Blvd., Seaside, CA 93955. Visit their website for a full list of locations and services provided.

GATHERING FOR WOMEN – HEALTH & DENTAL SERVICES

147 El Dorado St., Monterey, CA 93940

(831) 241-6154

<https://www.gatheringforwomen.org/>

Provides access to health and dental screenings through partner agencies. Second Tuesday of the month 8:00 am - 2 pm.

INTERIM, INC. – OMNI RESOURCE CENTER

339 Pajaro St., Salinas, CA 93901

(831) 800-7530

https://www.interiminc.org/wp-content/uploads/2018/11/Interim_Brochure_OMNI_WEB.pdf

Mental health wellness and recovery center. All staff and volunteers have personal experience with mental health challenges and recovery.

INTERIM, INC. – KEEP IT REAL – HARM REDUCTION SERVICES

N/A

(831) 440-3590

<https://www.interiminc.org/wp-content/uploads/2022/11/Keep-It-Real-Group-Schedule.pdf>

Harm reduction services delivered in a group setting to help individuals with mental illness and alcohol or substance use problems reduce the negative consequences associated with substance abuse.

MEE MEMORIAL HEALTHCARE SYSTEM – GREENFIELD CLINIC

4670 El Camino Real, Greenfield, CA 93927

(831) 674-0112

<https://www.meememorial.com/locations/albert-and-donna-oliveira-clinic-greenfield/>

Provides women’s health pain services, pediatrics, surgical services, podiatry, and orthopedics.

MEE MEMORIAL HEALTHCARE SYSTEM – KING CITY CLINIC

210 Canal St., King City, CA 93930

(831) 375-7100

<https://www.meememorial.com/locations/king-city-clinic/>

Provides a full range of medical services including pain medicine, pediatrics, surgical services, and podiatry.

SALINAS VALLEY HEALTH – MOBILE CLINIC

See Description

N/A

<https://www.salinasvalleyhealth.com/about-us/community-engagement/salinas-valley-health-mobile-clinic/>

Services are provided free of charge and include COVID-19 testing, flu testing, flu vaccination, sports physicals, primary care, simple urgent care, health screenings, and health education. Visit the agency's website for more schedule of service locations and to make an appointment.

SOLEDAD COMMUNITY HEALTH CARE DISTRICT – SOLEDAD CLINIC

600 Main St., Soledad, CA 93960

(831) 678-2665

<https://www.soledadmedicalclinic.com/>

Provides a full range of medical services including family practice medicine, podiatry, and gynecology.

SUN STREET CENTERS – OUTPATIENT COUNSELING SERVICES

See Description

See Description

<https://sunstreetcenters.org/counseling/outpatient-recovery-services/>

Counseling services are available to clients to stop the cycle of addiction and take charge of their lives. Services available for single adults, couples, youth (ages 12-17), and families. There are three locations: 11 Peach Drive, Salinas, CA 93901, (831) 753-6001; 1201 Echo Drive, Seaside, CA 93955, (831) 899-6577 and 641 Broadway Street, King City, CA 93930, (831) 525-8101.

SUN STREET CENTERS – RESIDENTIAL PROGRAM

See Description

See Description

<https://sunstreetcenters.org/counseling/>

Provides a supportive environment for men and women who are seeking freedom from the effects of drug and alcohol addiction. There are four locations: Salinas Men's Program at 8 Sun Street, Salinas, CA 93901, (831) 753-5145 ; King City Men's & Women's Program at 637 Broadway Street, King City, CA 93930, (831) 525-8181 ; San Luis Obispo Program at 34 Prado Road, San Luis Obispo, CA 93433, (805) 457-3331 and Women's Hollister Residential & Perinatal Program at 335 6th Street, Hollister, CA 95023, (831) 265-7317.

MENTAL HEALTH SERVICES

COMMUNITY HUMAN SERVICES – FAMILY SERVICE CENTERS

See Description

See Description

<https://chservices.org/mental-health/outpatient-counseling/>

Mental health counseling for individuals on an outpatient basis. There are two Outpatient Mental Health Counseling Family Service Centers one at 433 Salinas St., Salinas, CA 93901, (831) 757-7915 and the other one at 1178 Broadway Ave., Seaside, CA 93955, (831) 394-4622. Medi-Cal accepted.

INTERIM, INC. – BRIDGE HOUSE

Marina, CA

(831) 649-4522

https://interiminc.org/wp-content/uploads/2022/11/Interim_Brochure_BridgeHouse_WEB.pdf

Provides a structured environment to support clients in Building a Life Worth Living. Curriculum focusing on mental health and alcohol/drug recovery, independent living, building social and family relationships, nonviolent communication, mood management, regulation of emotions and leadership.

INTERIM, INC. – MANZANITA HOUSE

See Description

See Description

[https://interiminc.org/wp-](https://interiminc.org/wp-content/uploads/2022/11/Interim_Brochure_Manzanita_WEB.pdf)

[content/uploads/2022/11/Interim_Brochure_Manzanita_WEB.pdf](https://interiminc.org/wp-content/uploads/2022/11/Interim_Brochure_Manzanita_WEB.pdf)

A short-term crisis residential treatment program that focuses on helping clients resolve mental health conditions, learning how to avoid a recurrence, and developing and maintaining coping strategies. There are two locations: Salinas, CA, (831) 758-9457 and Monterey, CA, (831) 440-7030.

INTERIM, INC. – SUN ROSE APARTMENTS

Salinas, CA

(831) 649-4522

<https://www.interiminc.org/sunroseapartments/>

Transitional housing program for homeless adults living with severe mental health disabilities.

MONTEREY COUNTY BEHAVIORAL HEALTH - ACCESS

See Description

(888) 258-6029

<https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/bh-home/how-to-get-started>

Provide a safe and comfortable environment where clients and families can connect, learn, and get the support they need to achieve wellness and recovery. There are four locations: 1441 Constitution Blvd., Salinas, CA 93906; 299 Twelfth St., Marina, CA 93933; 359 Gabilan Dr., Soledad, CA 93960 and 200 Broadway St., Ste. 70, King City, CA 93930.

NATIONAL ALLIANCE ON MENTAL ILLNESS - NAMI

152 W. Gabilan St., Salinas, CA 93902

(831) 422-6264

www.namimonterey.org

Offers programs for families and consumers, advocate on behalf of those with mental illnesses, and hold a variety of educational workshops and programs.

NATIVIDAD HOSPITAL – MENTAL HEALTH SERVICES

1441 Constitution Blvd., Salinas, CA 93906

(831) 755-4111

<https://www.natividad.com/services/mental-health/>

Natividad offers comprehensive mental health services with 24-hour care. State-licensed psychiatric center which has 22 beds and is a locked inpatient facility.

Services include psychiatric, medical, diagnostic evaluations, patient education, and medication management.

CRISIS SUPPORT

988 CALIFORNIA – SUICIDE PREVENTION & MENTAL HEALTH CRISIS LINE

N/A

988

<https://www.988california.org/>

Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

CRISIS TEXT LINE

N/A

741-741

<https://www.crisistextline.org/>

Text HOME to 741741 to connect with a live, trained Crisis Counselor to help get you to a calm, safe place. Crisis Text Line serves anyone, in any type of crisis, providing access to free 24/7 support.

MONTEREY COUNTY BEHAVIORAL HEALTH – COMMUNITY CRISIS LINE

N/A

(866) 615-1060

<https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/how-to-get-started/how-to-get-crisis-services-copy>

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

MONTEREY COUNTY DEPARTMENT OF SOCIAL SERVICES – ADULT PROTECTIVE SERVICES

730 La Guardia St., Salinas, CA 93905

(831) 755-4466

(831) 770-7541 (after hours)

<https://mcdss.co.monterey.ca.us/aging/>

Adult Protective Services (APS) is available 24/7 to receive reports and respond to allegations of suspected elder (60 years and older) and dependent adult abuse, neglect/self-neglect, and exploitation.

MONTEREY COUNTY DEPARTMENT OF SOCIAL SERVICES – FAMILY & CHILDREN SERVICES

1000 S. Main St., Salinas, CA 93901

(800) 606-6618

(831) 755-4661

<https://mcdss.co.monterey.ca.us/>

Child Protective Services (CPS) investigate and respond to all allegations of suspected child abuse and neglect.

MONTEREY COUNTY RAPE CRISIS CENTER

N/A

(831) 375-4357

(831) 424-4357

<https://www.mtryrapecrisis.org/>

Provide ongoing advocacy, support, and healing for all victims and survivors of sexual assault, human trafficking, child abuse and to prevent sexual violence in our community through education.

RAPE, ABUSE, & INCEST NATIONAL NETWORK – SEXUAL ASSAULT HOTLINE

N/A

(800) 656-4673

<https://www.rainn.org/>

Confidential, anonymous support is available 24/7 for sexual assault survivors & loved ones.

TREVOR PROJECT – LGBTQ+ SUICIDE CRISIS SUPPORT

N/A

(866) 488-7386

<https://www.thetrevorproject.org/>

Crisis counselors are trained to answer calls from LGBTQ+ young people who are struggling with issues such as coming out, LGBTQ+ identity, depression, and suicide. Calls are free and confidential.

YWCA MONTEREY COUNTY – DOMESTIC VIOLENCE & HUMAN TRAFFICKING HOTLINE

975 W. Alisal St., Ste. I, Salinas, CA 93901

(831) 372-6300

(831) 757-1001

<https://www.ywcamc.org/>

Trained advocates answer each call to provide clients with safety plans, resource referrals and when necessary, immediate access to a confidentially located safe house.

ENERGY ASSISTANCE

LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Central Coast Energy Services

(888) 728-3637

Salvation Army Salinas

(831) 443-9655

www.energyservices.org

Assists low-income families with paying their home energy bills. One time per calendar year payment. Salvation Army Salinas hosts LIHEAP on Thursdays 9:30 am-12 pm at 2460 North Main St in Salinas. Leave a message with Central Coast Energy Services for a return call.

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SALVATION ARMY SABU SHAKE SR GOOD SAMARITAN CENTER - RELIEF FOR ENERGY ASSISTANCE THROUGH COMMUNITY HELP (REACH)

800 Scott St., Sand City, CA

(800) 933-9677

www.tsamonterey.com

Assists low-income families with application for assistance with their PG&E utility and electric bills when facing service shutoff. REACH services Monday-Friday from 1 pm - 4:00 pm, call for eligibility information.

SERVICES FOR YOUNG ADULTS/TRANSITIONAL AGE (ages 18-24)

COMMUNITY HOMELESS SOLUTIONS – SERENITY YOUTH HOUSING

2433 Lexington Ct., Marina, CA 93933

(831) 785-6581

<https://www.communityhomelessolutions.org/general-9>

Transitional housing for unsheltered youth ages 18-24 offering housing for up to 12 months plus a variety of living support and personal development services.

COMMUNITY HUMAN SERVICES – SAFE PASSAGE

544 Pearl St., Monterey, CA 93940

(831) 717-4126

<https://chservices.org/homelessness/safe-passage/>

Transitional housing program for youth aged 18-24, with a maximum stay of 24 months. The program includes essential amenities and supportive services with the goal of stability, self-sufficiency, and permanent housing. Additionally, CHS offers a 24/7 Homeless Youth Helpline (831) 241-0914.

COMMUNITY HUMAN SERVICES – SAFE PLACE SHELTER

590 Pearl St., Monterey, CA 93940

(831) 373-4421

212 N. Main St., Salinas, CA 93906

(831) 800-2668

<https://chservices.org/homelessness/safe-place/>

Program for at-risk runaway and homeless youth that provides street outreach, survival aid, temporary shelter, counseling, family reunification, and aftercare. The 24/7 Homeless Youth Helpline is (831) 241-0914.

THE EPICENTER – YOUTH DROP-IN CENTER

737 S. Main St., Salinas, CA 93901

(831) 998-7291

<https://epicentermonterey.org/>

Drop-in resource center for youth ages 16-24 years old. Services include support for housing, education, employment, and health.

UNITY CARE GROUP – YOUTH HOUSING SERVICES

1188 Padre Dr., Ste. 115, Salinas, CA 93901 (408) 691-6637

<https://www.unitycare.org/>

Provides stable and affordable housing and supportive services to young adults aged 18-25 to help them achieve self-sufficiency.

SERVICES FOR VETERANS

FRONT STREET INC. – PAGENT CENTER

831 Paget Ave., Santa Cruz, CA 95062 (831) 475-5591

<https://www.frontst.com/paget-center>

Temporary emergency housing program for homeless Veterans. Veterans are supported with accessing VA benefits, resources and transitioning into permanent housing.

MONTEREY COUNTY FREE LIBRARIES – VETERANS RESOURCE CENTER

See Description

See Description

<https://www.co.monterey.ca.us/government/departments-i-z/library/learn-explore/veterans-resources>

The Veterans Resource Centers at the King City and Marina Library assists veterans and their families with connecting with the benefits they have earned through their years of service. The Marina Library is located at 190 Seaside Cir., Marina, CA 93933; phone (831) 883-7507; and the King City Library is located at 402 Broadway, King City, CA 93930; phone (831) 386-6885

MONTEREY COUNTY MILITARY & VETERANS AFFAIRS OFFICE

2616 1st Ave., Marina, CA 93933 (831) 647-7613

<https://www.co.monterey.ca.us/government/departments-i-z/military-veterans#mva>

Assists with obtaining entitlements and services from the U.S. Department of Veterans Affairs (VA), U.S. Department of Defense, California Department of Veterans Affairs (CDVA), and local programs for eligible veterans and their families.

NATION'S FINEST – VETERAN SERVICES

40 Bonifacio Plz., Monterey, CA 93940 (831) 375-1184

<https://nationsfinest.org/locations/monterey/>

Supports Veterans and their families with a comprehensive approach to housing, health, and employment that helps them achieve self-sufficiency and reach their full potential. Services include case management, behavioral health services, referral services, and more.

U.S. DEPARTMENT OF VETERAN AFFAIRS – OUTPATIENT CLINIC

201 9th St., Marina, CA 93933

(831) 884-1000

(650) 493-5000

<https://www.va.gov/palo-alto-health-care/locations/major-general-william-h-gourley-va-dod-outpatient-clinic/>

Outpatient clinic offers primary care and specialty health services, including cancer care (hematology), cardiology, diabetes care, mental health care, post-traumatic stress disorder (PTSD), and more.

VETERANS CRISIS LINE

N/A

Dial 988 the press 1 or

Text 838255

www.veteranscrisisline.net

Veterans and their family members can call, text, or chat 24/7/365. Responders are trained in crisis intervention and military culture.

VETERANS TRANSITION CENTER OF CALIFORNIA

220 Twelfth St., Marina, CA 93933

(831) 883-8387

www.vtcofcalifornia.org

Provides meals, clothing, and housing to Veterans who are homeless or have been incarcerated.

VOCATIONAL REHABILITATION SPECIALISTS INC. (VRSI) – EMPLOYMENT & TRAINING

215 Reservation Rd., Unit R, Marina, CA 93933

(831) 224-5943

www.vrspecialists.com

Offers a wide range of free services including vocational counseling, vocational evaluation, employment and training services to eligible veterans.

ANIMAL SUPPORT SERVICES

MAX’S HELPING PAWS FOUNDATION – FINANCIAL PET RESCUE

26388 Carmel Rancho Ln., Ste. D, Carmel, CA
93923

(831) 704-6473

<https://www.maxshelpingpaws.org/>

Provides financial assistance grants to pet owners in need in Monterey County. The focus is on urgent and emergency care, diagnostics, and stabilization needs.

PEACE OF MIND DOG RESCUE – SENIOR DOG RESCUE

615 Forest Ave., Pacific Grove, CA 93950 (831) 718-9122

<https://www.peaceofminddogrescue.org/index.php>

Dedicated to finding new homes for dogs whose senior guardians can no longer care for them due to illness, death, or other challenging circumstances, and to finding homes for senior dogs in animal shelters.

SOUTH COUNTY ANIMAL RESCUE

Soledad, CA (831) 525-5160

<https://www.scar.pet/>

Provides a variety of animal services including dog and cat adoption placement, free and low-cost spay and neuter services, and low-cost pet vaccination clinics.

OTHER SUPPORTIVE RESOURCES

CATHOLIC CHARITIES DIOCESE OF MONTEREY – TATTOO REMOVAL

922 Hilby Ave., Ste. C, Seaside, CA 93955 (831) 316-9121

<https://catholiccharitiesdom.org/tattoo-removal-program/>

The Tattoo Removal Program helps remove tattoo barriers to viable employment and broadens economic and social opportunities for individuals committed to changing the direction of their lives.

SALVATION ARMY SALINAS CORPS – DIAPER DISTRIBUTION

2460 N. Main St., Salinas, CA 93906 (831) 443-9655

https://salinas.salvationarmy.org/salinas_corps/

Diaper assistance for children and adults on Tuesdays and Thursdays from 9am to 11am. Please contact Salvation Army – Salinas for more information and to request services.



WORKING TOGETHER FOR OUR COMMUNITY